AFL/USAFL RULE CHANGES AND INTERPRETATIONS – SUMMARY CHART

| Year | AFL Rule/Interpretation | USAFL | Explanation and Rationale |
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| 2023 | Set Shot for Goal | Yes | Umpires will alert players at the 15-second mark of a set shot. Players are allowed 30 seconds to start their set shot approach. There is no reason for the USAFL not to adopt this interpretation. |
| 2023 | Entering Protected Area | No | The AFL will require that a player losing a marking contest or giving away a free kick must stand the mark or immediately leave the protected area. The USAFL has not adopted the Standing the Mark rule. but the existing rule regarding the protected area remains in effect. |
| 2023 | Move to Handball | No | The AFL will interpret the Standing the Mark rule (see below) so that a 50m penalty will not be paid where a player fakes a handball to make the player on the mark move before play on is called. The USAFL has not adopted the Standing the Mark rule, but a 50m penalty will be applied if the player on the mark goes over the mark before play on is called. |
| 2022 | Player "Dissent" | No | The AFL has, as a point of emphasis used a 50m penalty for demonstrative player dissent, including pointing towards scoreboard replays. Umpires in the USAFL can use existing rules and interpretations to penalize player behavior that is abusive, delays the game, or otherwise contravenes existing rules. However, the USAFL will observe how this interpretation is implemented in the AFL before issuing specific recommendations. |
| 2021 | Maximum of 75 Total Player Interchanges per Match | No | This rule addresses specific AFL considerations and is not applicable to USAFL games where there are no limitations on interchanges. |
| 2021 | Mark set at 15m from center of the top of the goal square at Kick-Ins | Yes | The USAFL adopted the previous rule change moving the Mark to 10m from the center of the top of the goal square and there is no reason not to adopt this change. |
| 2021 | Three Players to be Stationed Inside 50 Meters at Each Stoppage | No | This rule addresses specific AFL considerations and is currently experimental. As such, there is no reason for the USAFL to adopt it. |
| 2021 | Standing the Mark | No | The AFL is interpreting this rule to require the opponent on the mark to remain stationary until the umpire calls "play on." This interpretation addresses a specific AFL concern with the pace of the game, scoring, and defensive tactics. This is viewed as difficult to administer in the USAFL where players and umpires are often inexperienced. Therefore, players will not be penalized if they move (other than forward) while standing the mark. Umpires will continue to make it clear where the mark is set. |

| 2020 | Team Officials and Team Runners | No | This rule specifies when team officials may enter the playing surface. USAFL games are played in summer and at the community level, so Water Runners are allowed on the field provided they do not interfere with the game or carry messages. Team Runners may enter at any time to deliver a message and return to the boundary, provided they do not interfere with the game. They may not be in the 50m arc at a Kick-In. |
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| 2020 | Starting Positions | No | This rule implements a "traditional" set up at center bounces requiring each team to have six players inside the 50m arcs, including one in the goal square. This rule is viewed as impractical to implement in the USAFL where games are often played with fewer than 18 players on each team and/or with one field umpire. |
| 2020 | Kicking for Goal Post-Siren | No | This interpretation allowed a player awarded a Mark or Free Kick before the siren to use a Snap or Check-side kick for goal. This interpretation is viewed as to difficult to administer in the USAFL. |
| 2020 | Procedure After a Behind Has Been Scored | Yes | The Mark at a Kick-In is set 10m from the center of the top of the goal square, though for USAFL metro games, the distance may still be set at 5m. A player need not kick to himself to play on out of the goal square. A player who plays on from the goal square and kicks out of bounds without the ball being touched is not penalized for "out on the full" but may be penalized for "deliberate out of bounds" if appropriate. |
| 2020 | 50m Penalty | No | This interpretation allows the player with the ball to play on during the advancement of the mark. This interpretation is viewed as impractical to implement in the USAFL. |
| 2019 | Marks/Free Kicks | Yes | For all Defenders who take a Mark or are awarded a Free Kick within 9m of the goal line or reasonably close to the behind post, the Mark is set in line with the top of the goal square. There is no reason for the USAFL not to adopt this rule. |
| 2019 | Umpire Contact | Yes | Players are prohibited from setting up behind the Umpire at each Center Bounce. This rule is desirable in the interests of umpire safety. |
| 2019 | Marking Contest | Yes | The "hands in the back" interpretation is repealed, allowing a Player to place his hands on an opponent's back to protect his position in a Marking contest, but not to push the opponent in the back. There is no reason for the USAFL not to adopt this interpretation. |
| 2019 | Ruck Contests/Prior Opportunity | Yes | A Ruck Player who takes possession of the ball while contesting a bounce, throw up, or boundary throw in will not be regarded as having had Prior Opportunity. Where there is uncertainty as to who is the designated Ruck, the Ruck for each team will continue to nominate to the field umpire. There is no reason for the USAFL not to adopt this interpretation. |
| 2018 | | No | This rule permits an immediate Kick-In after the Goal Umpire signals a behind (one raised index finger). This rule is viewed as impractical in the USAFL where |

| | Kick-In After Goal Umpire Signal | | games are often played with non-accredited Goal Umpires. Players must wait for the flags to be waved. |
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| 2018 | Advantage Rule | No | The AFL allows a Player's choice to be considered in applying the rule. This is viewed as difficult to administer in the USAFL where players and umpires are often inexperienced. The field umpire will continue to have sole discretion to award advantage. |
| 2018 | Deliberate Rushed Behind | No | The AFL interpretation allows a Free Kick to be awarded when a Player, not under pressure or close to goal deliberately knock or take the ball over the goal line. This is viewed as difficult to administer in the USAFL where players and umpires are often inexperienced. |